I'm worried about someone else

- don't walk away and ignore it
- ask the person to stop
- Don't stay silent - tell a trusted adult

Who can I tell?

- any class teacher
- any teaching assistant
- Mrs Wright, Headteacher
- any midday supervisor
- Miss Castle, who works in the Rainbow Room
- Mrs Maurello or Mrs Farrell, in the school office

Adults in school will

- be ready to listen
- help support the victim and the bully
- work with families to make things better

Ickleford Primary School is a place where every person has the right to be themselves, to be included and to learn in a safe and happy environment. Everyone in our school is equal and treats each other with respect and kindness.

At Ickleford Primary School

- we believe that every child has the right to live free from bullying and harm
- we believe all adults should create a safe space and take care of children so they can learn
- we will work with mums, dads and carers to help keep you safe
- we believe that by working together we can protect more children's lives

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Ickleford Primary School

Shared Values · Shared Aspirations · Shared Achievements

ANTI-BULLYING LEAFLET

APPROVED

Ickleford School Council

WHAT IS BULLYING?

At Ickleford Primary School, bullying is when someone or a group of people hurt someone more than once, on purpose. They might use behaviour or words which are meant to frighten or hurt that person.

We use **STOP** to help us remember what bullying is.

Several
Times
On
Purpose

Mrs Wright
Headteacher

BULLYING CAN BE:

Physical

such as hitting, kicking etc.

Attacking Property

such as damaging, stealing or hiding someone's belongings

Verbal

such as name calling, spreading rumours about someone, using mean words or threatening language

Cyber

such as texting, email, or other social media or online platforms including games to write or say something hurtful about someone else

Emotional

such as leaving them out, ignoring them or laughing at them on purpose

TOP TIPS

If some one is bullying you...

Things to do:

- ask them to '**STOP**' and explain why you are upset
- walk away and tell a trusted adult
- or write a note to go in your 'Dear Teacher, I want you to know...' box
- remember it is not your fault and you are not alone
- give them a chance to apologise

Remember:

- do not get angry
- do not do what they say
- do not hurt them
- do not say something unkind
- do not think it's your fault
- do not hide it